教学设计

| 系室: | 外语系 | |
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| 教师: | 张红 | |
| 类别: | 公共英语 | |
| 学科: | 文学学科 | |
| 课程: | 高职英语 1 | |
| 课题: | Make Every Minute Count | |

2022年10月20日

| 教学设计 | | | | | | |
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| 项目类别 | 公共基础 | 课程类型 | 听说 | | | |
| 课程名称 | English for new skills (I) | 教学对象 | 高职大一学生 | | | |
| 内容 | Make every minute count | | | | | |

一、学习目标及重难点分析

(一) 教学目标

知识目标: 1、了解时间管理的概念;

2、了解时间的意义和学习时间管理的技巧。

能力目标: 1、结合自身实际制定合理的时间表。

2、掌握和运用重点词汇及句型展开关于时间安排方面的对话及评论。

情感目标:激发学生对时间管理的兴趣,培养学生有效管理时间的意识。

(二) 教学重难点分析

教学重点: 1、涉及时间及时间管理的相关短语、句型:

2、时间管理的方法(time management)。

教学难点:理解和运用时间管理技巧优化自我活动。

| Title | Make every minute count |
|-----------------------------|--|
| Teaching aims | Knowledge aims: 1. understand and master the concept of time management 2. understand the significance of time and some tips for time management Skill aim: Improve students' listening skills and speaking skills. Emotional aim: Forster the students' concepts and habits of time management and making every minute count. |
| Teaching key points | 1.Words and expressions related to time. 1) set priorities. 2) plan ahead 3)decide on you must-dos 4)keep a balance between study and play 5) How do you manage your time? 2. How to strike a chord with young college students to strive to run the best of their generation? |
| Teaching difficult points | How to improve students' listening ability and speaking ability? How to use some useful words or expressions to describe one's ideas. |
| Teaching methods | Situational approach, task-based teaching method |
| Learning methods time | Individual study 5 minutes 45 seconds |
| unie | J minutes 45 seconds |

| Teaching pr | Time | |
|-------------|---|----------------------|
| Warming up | Lead-in Enjoy one video about one second to arise students' interests. | 57 seconds |
| | Step 1 Lead student to think about the question what time is and how to treat time. What is time? | |
| Performance | Step 2 How to manage time and list some useful tips about time management. Tip 1 plan ahead the important things Tip 2 decide on your must-dos Tip 3 keep a balance between study and play | 3 minutes 34 seconds |

| | Using Chinese president Xi Jinping's encouragement to young people, which is to run hard on the track of youth and strive to run the best of their generation to be worthy of the times. | 1 min 14 seconds |
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| Feedback | | |